



# IMA TELlicherry NEWS LETTER – JULY 2018

## **ORGANIZATIONAL ACTIVITIES**

### **4.7.2018:Executive Meeting**

Executive committee was held at IMA hall on 4.7.2018. President welcomed the gathering. 40 members attended the meeting.



### **15.07.2018: “TELY INFECTICON 2018 “North Zone Conference of IMA Academy of Medical Specialities on 15.7.2018 at IMA Hall, Thalassery**

- The registration of the event started at 8.30am
- Academic session started at 9.15am.
- The event was inaugurated by Dr.O K Balanarayanan.Vice President Elect (North Zone) IMA KSB. Dr.Roy R Chandran, Chairman IMA AMS KSB delivered the chairman

address.Dr.Pushparaj S R welcomed the gathering. Dr.Surendra Babu, Convener, Ethics Committee, Dr.Joju Pomson, Secretary IMA AMS Kerala Chapter, Dr.Lalith Sundaram, Co-ordinator DTF Kannur and Dr.P P Vasudevan,Chairman Organising Committee also spoke at the event. Vote of thanks was proposed by Dr.Aravind C Nambiar, Secretary Organising Committee.



- Inaugural function was followed by the academic session which lasted till 3.30pm
- **Dr.Ajith S** (Professor & HOD Department of Obstetrics and Gynaecology,ACME Pariyaram), **Dr.AparnaBalagopal**(Neonatologist, Tellichery Co-operative Hospital, Thalassery), **Dr.Balakrishnan**

**Valliyot**(Professor, Department of Internal Medicine, ACME Pariyaram), **Dr.Sheela Mathew** (Addl.Professor, Department of Internal Medicine, Calicut Medical College),**Dr.Manoj D K** (Professor & HOD, Department of Pulmonary Medicine, ACME Pariyaram), **Dr.Jain Chimmen** (Secretary IMA PPS KSB), **Dr.Anoop kumar A S**(Chief Critical Care Medicine Department Baby Memorial Hospital, Kozhikode) and **Dr.Satheesan B** (Director, Malabar Cancer Centre, Thalassery) delivered talks of various topics.

- The total number of delegates who attended the function was 113. 2 credit hours was allotted by TCMC for our North Zone Conference.

#### **18.07.2018: General Body Meeting**

The *General Body Meeting* was held on 18.07.2018 at IMA Hall Thalassery at 8.00 pm. Dr. Pushparaj presided over the meeting. 43 members attended the meeting.



#### **23.07.2018:Condolence meeting**

A condolence meeting was held on the sad occasion of the death of Dr. Gangadharan C K. He was our Past IMA Secretary. A condolence resolution was passed. After the meeting many members including the IMA members visited his residence and paid homage to the departed soul.

#### **27.07.2018: District Committee Meeting**

An Emergency Kannur District Committee meeting was held at IMA Hall Thalassery. Meeting discussed about the NMC Bill, Mixopathey practice etc... Dr.Pushparaj welcomed the gathering. Dr.Anoop Koshy presided over the function. Dr.Babu Ravindran T N (Past National Vice President) Dr.Srikumar Vasudevan (Past IMA State President) Dr.Gopeenathan P(Central Working Committee member) senior leaders from various branches, President and Secretary from Kannur dist attended the function.25 leaders attended the function.



**28.07.2018: NMC STRIKE**

Thalassery branch members whole heartedly participated in the strike it was 100% successful in our branch.

**28.07.2018: Submitting memorandum to Sub Collector at Thalassery**

As a part of IMA all india strike a memorandum was submitted to Sub Collector, Thalassery. Dr.Pushparaj, Dr.Anoop Koshy, Dr.Sakkariya, Dr.Arun Kumar & Dr.Pradeep kumar participated.



**ACADEMIC ACTIVITIES**

**18.07.2018:** IMA Thalassery conducted a CME on “Cholestrol Guidelines & Controversies” by Dr. Sreejith Valappil, Consultant Interventional Cardiologist, Tellicherry Co-op Hospital. Dr. Pushparaj S R presided over the meeting. 43 members attended the meeting.



**SOCIAL ACTIVITIES**

**Health Education**

**11.07.2018: Health Awareness Class**  
IMA Thalassery conducted a Health Awareness Class for Staff and PTA Members of Olavilam Sum International School on 11.7.18. Class taken by Dr.Sakkariya P P (Secretary IMA Thalassery)



## **OBSERVATION OF IMPORTANT DAYS**

### **Doctors' Day 2018 & Safe Fraternity Week Celebration on July 1<sup>st</sup> 2018.**

Doctor's day, the Birth and Death Anniversary, of the legendary Dr. B.C.Roy was celebrated in a befitting and grand manner at IMA Hall, Thalassery. IMA President Dr. Pushparaj S R presided over the function. Programme started with silent prayer for the sad demise of Dr.Dolly Thomas, Senior Cardiologist & Past IMA President Thalassery. Mrs.Chaitra Teresa John, IPS(ASP Thalassery) was the chief guest. Dr.Sabna S(Writer & Secretary IMA Kuthuparamba) was the Guest of Honour and Sri.M V Shankaran(Doyen of Indian Circus) was the guest of the day. IMA Thalassery honoured Dr.Leelavathy K , senior doctor of our branch on that occasion. Chief Guest Miss.Chaitra Teresa John,IPS(ASP Thalassery) released IMA Thalassery Magazine "**Potion 2018**" and "**IMA Address Book 2018**" by giving a copy to Dr.K M Ramakrishnan and Dr.Jose A J respectively. Dr.Shyam Mohan K C and Dr.Johnny Sebastian were recognized for their efforts to bring

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out the Potion 2018 and Address Book.

IMA Past National Vice President Dr.T N Babu Ravindran delivered the doctors day message. President Dr. Pushparaj SR, presented a memento to the chief guest.

The various Scholarships and aids were distributed by the Chief Guest. A Scholarship amount of Rs. 5,000/- each were presented to four financially backward MBBS students from Kannur District from the Dr. K.T.P Nambiar and Smt. Sreedevi Amma Memorial endowment fund 1<sup>st</sup> year MBBS Students Master Vishnu, Amala Institute of Medical Science, Thrissur & Miss.Anusree M P,T D Medical College, Alappuzha, 2<sup>nd</sup> year MBBS Student Master.Sai Nivedh Laxman, DM WIMS Medical College,Wayanad, 3<sup>rs</sup> year MBBS Student Miss.Aswani N, Pushpagiri Institute of Medical Sciences.Financial aid from the Dr. P.V.George Memorial Fund was distributed to one cardiac patient awaiting surgery. An amount of Rs. 10,000/- was handed over during the function. An amount of Rs. 5,000/- each were handed over as financial aid from the Mr. K.K.Nambiar memorial fund to two

cancer patients. An amount of Rs. 5,000/- each were handed over as financial aid from the Dr.Sunil Kumar memorial fund for two cancer patients. IMA Thalassery honoured 11 children of our members who had meritoriously completed 10<sup>th</sup> & 12<sup>th</sup> standard. Dr. Gopeenathan.P, Dr.Anoop Koshy Mathew,Dr.Rajeevan V K Felicitated the function.

Around 180 people including members of Thalassery IMA their families, representatives of other organizations including Lions Club, Jaycees, Rotary club, Elders Forum, Senior citizens forum, Senior Chamber, Press Club, Bar Association, Cosmopolitan Club attended the meeting. Secretary Dr. Sakkariya P P proposed the vote of thanks.



### 01.07.2018: Blood Components Donation Day

As a part of Blood Components Day IMA Thalassery in Association with Brexa conducted a Blood donation camp at General Hospital,Thalassery. Dr.Sakkariya P P(Secretary IMA Thalassery) presided the function. Dr.Najma Hashim, Municipal Vice Chairman inaugurated the function.Miss.Clincy (Councilor,Blood Bank,GH,Thalassery) took an awareness class. Dr.Peeyush Namboothiry (Supdt,General Hospital,Thalassery), Mejor Govindan (Brex), Cenol Nair (Brex) felicitated the finction. Around 40 units blood were collected in the camp.



### 11.07.2018:World Population Day

We have conducted quiz programme for nursing students at BKJM Nursing College, Thalassery. 40 students participated in the competition and the winners are Miss. Rosemy Rose Cheriyan and

Miss Vineetha .V in 1<sup>st</sup> and 2<sup>nd</sup> positions.



### **28.07.2018: World Hepatitis Day**

We observed World Hepatitis Day and conducted two different programmes.

#### **Awareness Class**

IMA & IAP Thalassery conducted an awareness class for public and staff at Indira Gandhi Co-operative Hospital, Thalassery as part of the World Hepatitis Day. **Dr. Sephi P Ittyavirah, Consultant Gastroenterologist** takes an awareness class.

#### **Hepatitis Vaccination for staff at IGCH**

The other programme on the same day Hepatitis B vaccination for all staff at IGCH.



## **SPECIAL PROJECTS OF THE BRANCH**

### **IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery**

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

#### **Pain & Palliative Donation Boxes**

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

#### **Mutual Benefit Scheme**

A scheme for members conducted every year, through which members as well as association is benefited.

## **MISCELLANEOUS**

### **Nammude Arogyam:**

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 2200 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants of various medical camps & functions conducted by IMA Thalassery.